



Annual Report

2022 - 2023

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Fiscal year 2023 brought notable changes and transitions for the Pomeroy Center and our community. Like many, we faced challenges from the rapid rise in prices, posing budget constraints. Nevertheless, our dedicated staff demonstrated unwavering resilience, going to great lengths to deliver our exceptional services despite these financial headwinds and resource constraints.

Our volunteer program triumphantly returned, bringing in numerous individual volunteers, significantly bolstering staff effectiveness for daily services. We extend heartfelt gratitude to all our volunteers, whether for prom preparations, Thanksgiving luncheon, prom, or board service. Your contributions were indispensable.

Financial support remained strong, with over 550 individuals generously donating to renovate our facility, maintain vans, and procure essential supplies. Over \$275,000 was invested in these supplies, pivotal for engaging and ensuring the well-being of those we serve.

Our Aquatics program triumphantly returned to pre-pandemic levels, with therapeutic swimmers and youth swimming lessons contributing to the upkeep and safety of our beloved and renowned pool. We played a crucial role in educating children in water safety, and adults enjoyed therapeutic swim.

Looking ahead, we aspire to introduce a daycare program for youth services and potentially expand offerings for senior citizens. Meanwhile, you can continue to rely on us for unwavering person-centered care for everyone who walks through our doors.

As we reflect on the past year's challenges and triumphs, our commitment to serving with dedication, resilience, and unwavering care remains steadfast. Together, we move forward, making a positive impact every day

David Dubinsky
CEO of Pomeroy Recreation & Rehabilitation Center

Our Vision

A stronger community demonstrating opportunities and respect, embracing diversity, and inspiring people with disabilities to live a full life.

Our Mission

The mission of Pomeroy Recreation & Rehabilitation Center is to provide recreational, vocational and educational opportunities for people with disabilities through programs and services that encourage self-expression, promote personal achievement, and lead to greater independence.



**Diane and Ron,
two clients of
our Adult Day
program.**



Adult Day

The cornerstone of our Adult Day Services program

OneCenter continually adapts its classes to foster inclusivity through our hybrid model that accommodates both on-site and remote engagement. As we navigate the ever-changing landscape, our focus on community engagement, personalized learning, and empowering initiatives like our Work Academy, shows our dedication to cultivating an environment where individuals with developmental disabilities and traumatic brain injuries can thrive.



2023 Adult Day Highlights

1

Hybrid Approach

The Adult Day Services OneCenter program adopted a dynamic hybrid model, enabling participants to engage both on-site and remotely, fostering inclusivity.

2

Responsive Class Structure

OneCenter classes remain fluid and responsive, shaped by participant satisfaction surveys and staff preferences, ensuring a tailored and evolving curriculum.

3

Community Engagement

Offering more overnight and day trips to encourage community engagement for participants. This year, we went: kayaking, camping, to the Santa Cruz Beach Boardwalk, to Disneyland, to name a few!

4

Work Academy Initiative:

Designed to assist participants in working towards their employment goals, clients learn interview techniques, job placement strategies, and essential work skills, equipping them for success.



**Rudi enjoying
a musical
program in
the Main Hall.**

5

Person-Centered Approach

The OneCenter Program upholds a person-centered approach, recognizing the right of individuals to make informed choices and take responsibility for their choices and related risks.

6

Return to In-Person Programming

The majority of participants have resumed on-site, in-person engagement!

7

Professional Development Training

Implemented bi-monthly training for staff to ensure consistent skill development, covering diverse topics such as disability awareness, sight-guided training, and consent-conscious environments.

8

Assessment Strategy

Ongoing administration of our annual participant satisfaction survey to evaluate program's effectiveness in addressing individual goals and objectives, with responses guiding continual improvements.



Brainstorm

An Exciting Development

Our Brainstorm program, catering to individuals with traumatic or acquired brain injuries, has experienced a significant surge in onsite participation, **doubling attendance** over the past year. Brainstorm has reintroduced onsite activities, including the rejuvenating return of therapeutic swimming sessions.

Beyond this substantial enrollment growth, we are proud to announce the development of a scholarship program. This initiative aims to extend our services free of charge to clients, reflecting our commitment to accessibility and inclusive support.



Participant Volunteers

Our dedicated participants venture out each morning to provide invaluable assistance, contributing significantly to our community.

Pomeroy's Center Volunteer Program plays a pivotal role in supporting various Bay Area Non-Profit Organizations. We actively collaborate with local nonprofits, where a dedicated group of our participants engages in meaningful volunteer work each morning. This year, our partnerships have resulted in impressive statistics, reflecting the positive impact we collectively make:

26

Tons of food delivered to people in need, partnering with the SF Marin Food Bank

150

Different native varieties planted in place of invasive species, in partnership with SF Rec & Park

1000

Pounds of invasive, non-native weeds and plants removed in partnership with SF Rec & Park

2800

Dollars in coins processed from Pomeroy's Cash Dash program, handled entirely by participants!



Residential

Our residential program, consisting of 11 participants in two homes on Fulton Street, has seen remarkable growth this year. We started the year with an exhilarating rafting trip for six of our participants, and implemented successful Friday outings to different places including theaters, iconic landmarks such as Alcatraz, and local festivals. Three of our participants began their work ready program, by being employed at BOK Ranch and La Petit Baleen; 2 others remained dedicated to their weekly dance troupe. We also took a magical trip to Disneyland!

Staff dedication was evident in completing Person-Centered Training, with one team member on the path to becoming a coach for the whole Center. We proudly received a positive review from Home and Community-Based Services (HCBS), affirming our commitment to excellence.

Our main area of focus this year was developing independent living skills, most importantly, by gaining confidence in the kitchen.





Children & Youth Services

This year brought significant change to Children & Youth Services, most notably is our recent name change. Formerly known as Children & Teens, we've adopted a fresh identity aligning more closely with our mission, vision and the population we serve. Additionally, we restructured our K-8 program to expand to K-12.

This past year has been defined by numerous achievements, underscored by our commitment to cultural awareness and diversity. Our aim has been to prioritize inclusivity and empowerment, while creating meaningful and memorable experiences for our participants.

● Program Highlights

5 kayaking adventures with ETC

Successful Pumpkin Patch

TAY becoming a separate team

Thanksgiving Pie Sale

2 Family Nights

6 weeks of themed summer camp



● Parent Workshop Opportunities

Alternatives to Conservatorship (Guest: ACLU)

Behavior Modification in a Consent-Based Model (Guest: Tiffany Cleveland)

ParentPower (Child Safety Workshop) (Guest: Kidpower)

Speech and AAC Device Workshop (Guest: Alyssa Wynn)

● Special Events

New Year's Eve Countdown

Autism Awareness

Breast Cancer Awareness

Valentine's Day Love Fest

Cinco de Mayo
Celebration

Halloween

Mardi Gras Festival

Prom

Day of the Dead

St. Patrick's Day Party

5th & 8th Grade
Graduations

Friendsgiving Feast

Greek Independence Day

Holiday Showcase



Transition Age Youth

Program Highlights

- **Person-Centered Thinking**
Staff training in Person Centered Thinking, with three members completing a 2-hour course and two others finishing an extensive 18-hour course.
- **Student-Centered Plans**
Initiating the development of Person Centered Plans, enhancing the student-focused approach
- **Expanded Support Services**
Increased therapy services in Occupational, Speech, and Behavioral Consultations.
- **Program Expansion**
Opening a third group within the Transition program this fall.
- **DDS Grant Achievement**
Receiving the DDS (Department of Developmental Services) Grant, reinforcing our commitment to student growth and empowerment.
- **Student Work Group Success**
A majority of graduating students transitioned seamlessly into the Adult Day One Center Program.
- **Curriculum Enhancement**
Ongoing development of Vocational and Independent Living Skills curriculum with support from our Occupational Therapists.
- **Efficient Student Transitions**
Two students on payroll last year, with plans to expand this initiative in the future.



Aquatics

In 2023, our aquatics program grew, achieving a weekly participation rate of nearly 1,400 swimmers. Of that, approximately 600 were children who enrolled in swim classes and recreation swim sessions. To meet heightened demand, we introduced an additional swim hour on Fridays.

Diligent efforts to minimize pool closures, mainly due to mechanical issues, resulted in very few disruptions. Our consistent and reliable swimming schedule remained intact, ensuring uninterrupted aquatic experiences for our participants.

Communication improvements included regular email updates to keep swimmers well-informed and

an overhauled website featuring informative swim class videos and fillable enrollment forms for streamlined access.

Investments in comfort and safety included the installation of two new exhaust fans in changing rooms, new pool deck heaters, new paint on the entire pool deck and locker rooms, preserving the non-slip surface and preventing slip and fall incidents.

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Volunteer Program

By the Numbers

The Pomeroy Center relies on caring and hardworking volunteers for our programs and events to run smoothly. Thanks to their dedication, our Volunteer Program thrived this past year. Here are a few highlights:

21

Volunteer Orientations

29

Special Events and Projects

544

Volunteers

8,273

Hours of service

\$308,764

In donated time!

Our Champions

We want to express our heartfelt appreciation to the following groups of people who went above and beyond typical volunteering.

Their extraordinary efforts have transformed them into true champions of our cause. We are deeply grateful for their unwavering support as that have played an integral role in advancing our mission.

ACHIEVE Program

First Tee

San Francisco State University

Archbishop Riordan High School

Gay 4 Good

St. Ignatius College Preparatory

Balboa High School

Lowell High School

Town School for Boys

City College of San Francisco

National Charity League

UCSF School of Dentistry

Eagle Scout Troops

The Roxborough Group, LLC

Waldorf High School

Samuel Merritt University

Banner of Love

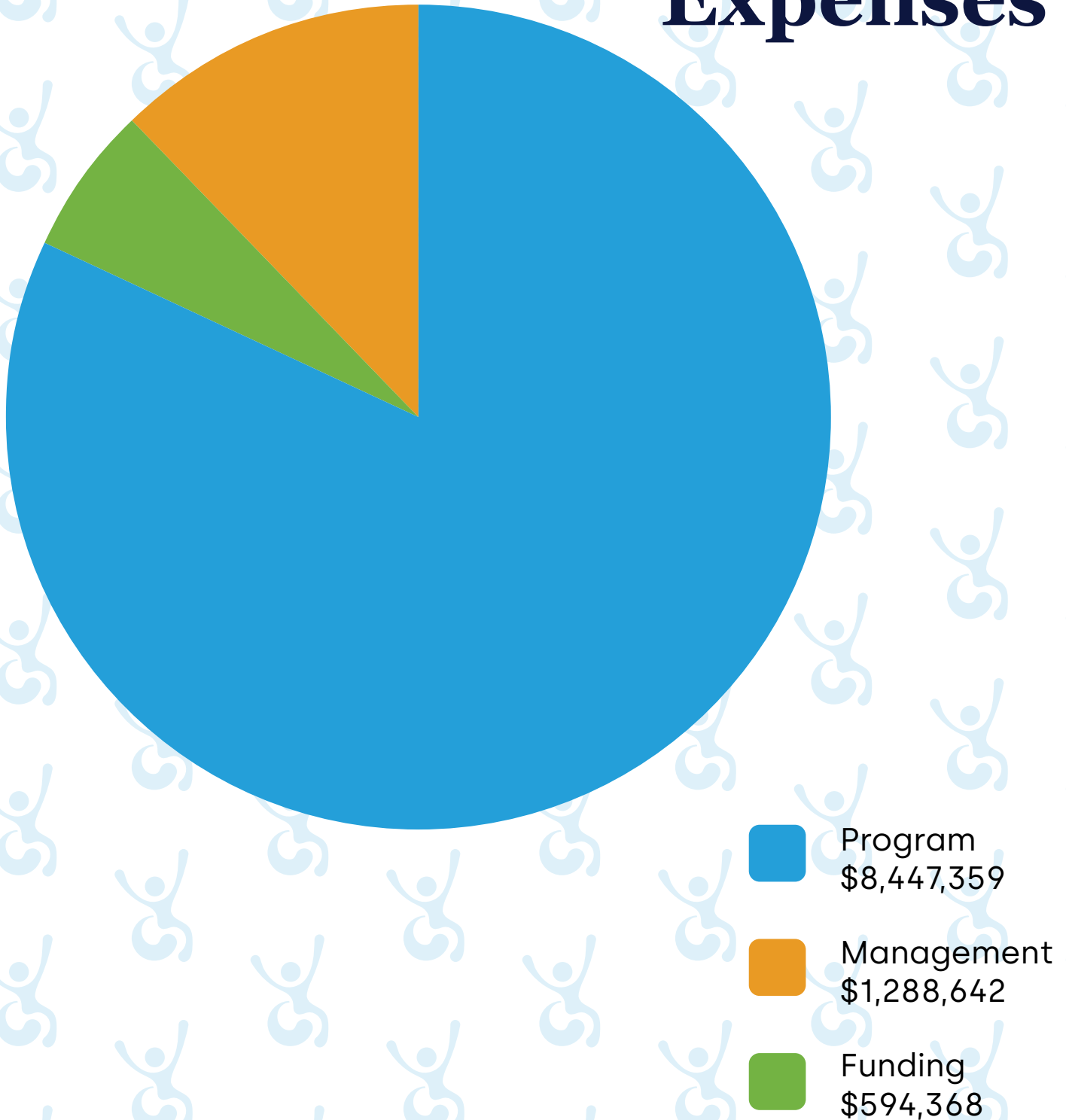
In 2023, Pomeroy marked its 70th anniversary with a grand celebration, the Banner of Love: Platinum Jubilee. Hosted at the elegant Julia Morgan Ballroom in the heart of San Francisco's Financial District, the event brought together 200 community members and donors. Throughout the night, guests enjoyed spirited bidding on an array of silent and live auction items. As is tradition, Swan Oyster Depot joined us and generously provided delicious oysters to our guests. We were honored by the presence of Mayor Breed, who delivered an inspiring speech and engaged in a heartwarming photoshoot with our participants.



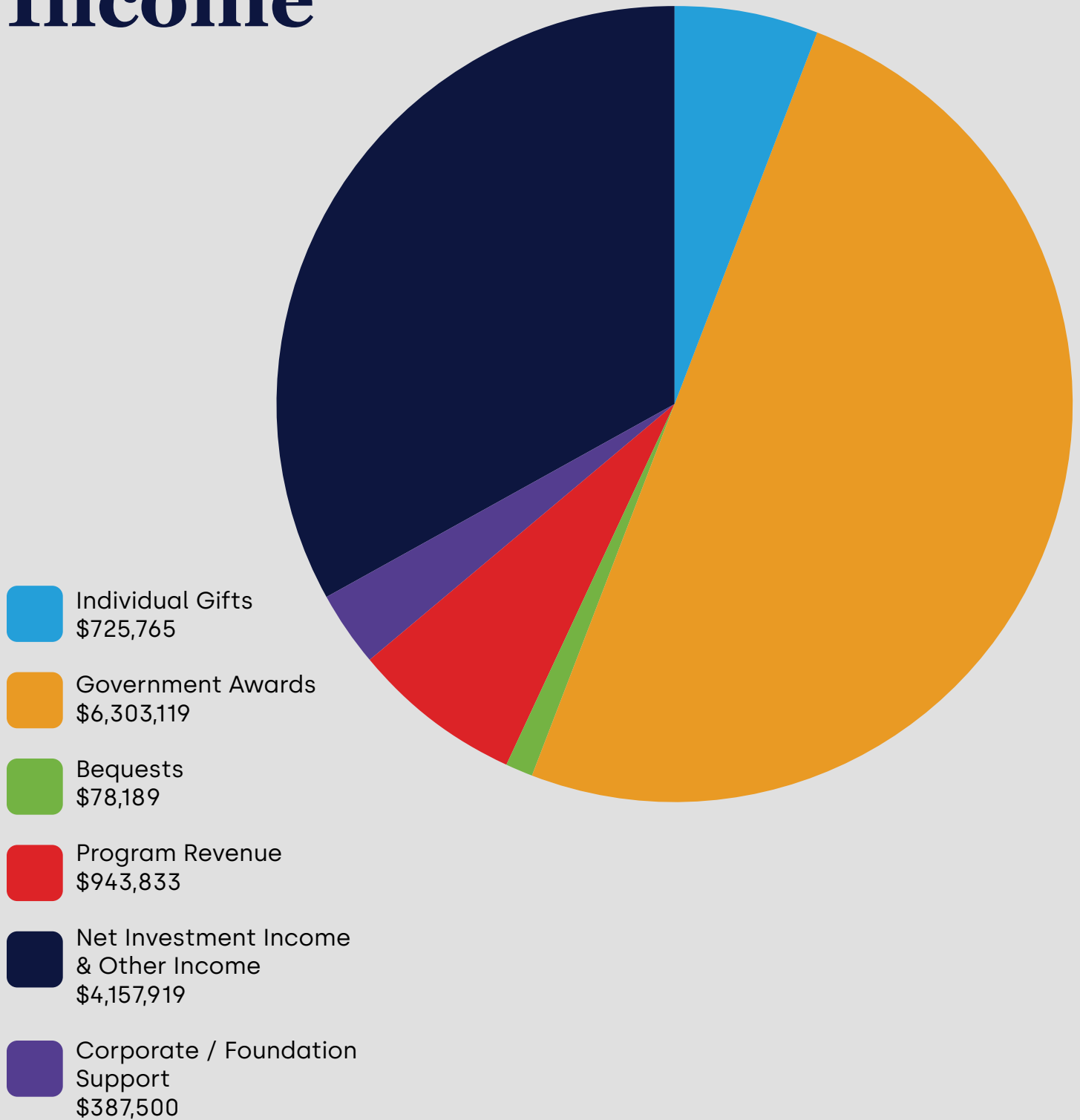


2022-2023 Financials

Expenses



Income



Our Funders

Our Innovative programming would not be possible without the help of the following generous donors:

Artichoke Joe's Casino

The Herbst Foundation, Inc.

Justine Miner

George H. Sandy Foundation

The Hymowitz Family Foundation

Helpers Community, Inc.

Woodlawn Foundation

The Bressler Family Trust

Robert Stewart Odell & Helen Pfeiffer Odell Fund

Yvonne & Angelo Sangiacomo Family Foundation

The Charles D. and Frances K. Field Fund

California Endowment Foundation

William G. Gilmore Foundation

O'Kane Construction

The Father's House San Francisco

Firedoll Foundation

Carpenters Local Union No. 22

Columbian Foundation Supporting People with Intellectual Disabilities, Inc.

Mona Loudermilk Trust

The Ability Experience





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Inspiring Abilities

207 Skyline Blvd. in San Francisco

Between Lake Merced & SF Zoo

FREE parking

*MUNI #58 stops here, #23 &
L-Taraval nearby*

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