

# We Can Help You.

HAVE YOU EXPERIENCED A HEAD INJURY AS A RESULT OF A FALL, CAR ACCIDENT, VIOLENCE, OR OTHER TRAUMA?

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DO YOU OFTEN LOSE THINGS OR FORGET WHERE YOU PUT THEM?

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ARE YOU HAVING DIFFICULTY FINDING A JOB SINCE YOUR HEAD INJURY?

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DO YOU FEEL THAT NO ONE UNDERSTANDS WHAT YOU HAVE BEEN GOING THROUGH ?

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INTERESTED IN MEETING OTHERS EXPIERIENCING THE SAME ISSUES?



**For More Information  
Contact Us At  
SFTBINETwork  
207 Skyline Boulevard  
San Francisco, CA 94132**

**JPC: 415.665.4100  
SMMC: 415.750.4965**

**Ask for SF TBI NET**

**[http://janetpomeroy.org/programs\\_tbi.php](http://janetpomeroy.org/programs_tbi.php)**

TBI is an injury sustained after birth, from an external force to the brain, resulting in cognitive, psychological, neurological, and/or anatomical changes in the brain functions.

San Francisco Traumatic Brain Injury

**SFTBI** Network

**Our primary goal is to empower adults with a TBI to utilize existing programs to return to the community and achieve optimal independence.**

## Program Description

The San Francisco TBI (Traumatic Brain Injury) Network is a collaborative project between the Janet Pomeroy Center (JPC) and St. Mary's Medical Center (SMMC) to serve persons with a documented Traumatic Brain Injury (TBI). The San Francisco TBI Network (SF TBI Net) provides information, referral, and service coordination including, but not limited to, community re-integration, vocational support, supported living services, advocacy, and caregiver support and family / community education.

## Free Services

Through the American Recovery & Reinvestment Act (ARRA) and in conjunction with the State Department of Rehabilitation (DOR), SF TBI Net provides vocational services to survivors of TBI and Acquired Brain Injuries (ABI). This service is available to DOR consumers in San Francisco County, San Mateo County, and the County of Marin.



### Eligibility Criteria for Service Coordination

- At least 18 years of age
- Resident of San Francisco County
- Documented Traumatic Brain Injury

### Exit Criteria

- Participant has completed all goals as stated in their Individual Service Plan (ISP).
- Participant is found not to meet any of the eligibility criteria.

## TBI Survivor Support Group

Held the third Thursday of each month  
3:00pm – 4:30pm  
St. Mary's Medical Center  
450 Stanyan Street  
San Francisco, CA 94117  
3<sup>rd</sup> Floor, Room 3 East (conference room across from elevators)

### Hours of Program Operation

Monday – Friday  
9:00am – 5:00pm  
The Janet Pomeroy Center  
207 Skyline Blvd.  
San Francisco, CA 94132  
Satellite office at St. Mary's Medical Center by appointment.

“The people at JPC have been like family to me. They have been consistently and unconditionally there for me. With my brain injury, I become confused and overwhelmed. They have provided guidance and support for me in so many ways. My service coordinator has even come with me to doctors' appointments. She helps me keep it all together. I am so grateful for her in my life. Their help allows me a sense of dignity. Thank you JPC.  
--- Mike

